



| STD AWARENESS

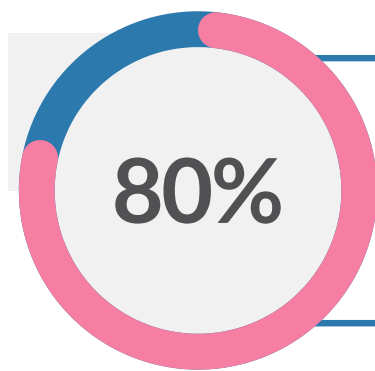


THIS MONTH, WE COVERED :

- GONORRHEA
- CHLAMYDIA
- HPV

¿FUN? facts

STDs are transmitted through sexual contact with the penis, vagina, mouth, or anus of an infected partner. Ejaculation does not have to occur for these to be transmitted or acquired.



Human papillomavirus (HPV) is the most common sexually transmitted infection in the United States. 80% of sexually active people have HPV.

Nursing homes have one of the highest rates of STDs in the population.

STDs are treatable, but not all are cureable!

Chlamydia

HPV

Gonorrhea

What is...

common STD caused by infection with Chlamydia trachomatis bacterium

Human Papillomavirus is the most common STI

common STD caused by infection with the Neisseria gonorrhoeae bacterium

Symptoms

Mostly Asymptomatic, abnormal discharge, painful urination, painful sex, bleeding during intercourse

Asymptomatic, genital warts

Asymptomatic, abnormal discharge, painful urination, painful sex, bleeding during intercourse

Pop. at risk

sexually active people, more prevalent in young women

sexually active people, especially having multiple sexual partners

sexually active people, especially teenagers and young adults

Prevention

Abstinence, Condoms, Monogamous Partner

Abstinence, Condoms, Vaccine, Monogamous Partner

Abstinence, Condoms, Monogamous Partner

Complications

Pelvic Inflammatory Disease. Infertility

Cervical Cancer, Genital Warts

Pelvic Inflammatory Disease, Infertility

Pregnancy

possible pre-term delivery, conjunctivitis and pneumonia in the newborn.

possible cervical tissue changes, transmission risk to baby is low

if infected, can cause blindness, joint infection, or a life-threatening blood infection in the baby

Treatment

Antibiotics, treat partner

no treatment for virus, but there is treatment for its complications

Ceftriaxone, treat partner

How to Talk to your partner:

It is best to have open communication before having sex with a new partner.

Find a quiet and private space, and plan to have a conversation before the heat of the moment. You can say that you prefer to be safe and would like to use condoms and get tested together before having sex. Listen to what they have to say, and remember that it is always your decision to move forward or slow things down.

What if I have an STD?

If a person has been diagnosed and treated for any STD, they should tell all recent sexual partners so they can see a health provider and seek treatment.

- Talk to your partner(s) as soon as possible
- be open and honest
- be direct
- listen and encourage questions
- remember that if the roles were reversed, you would want to be told too



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